



Chinese New Year SPECIAL OFFER - \$75

Facial Rejuvenation (\$150 value) (Anti-aging
Non-Surgical Face Lift with color light and Microcurrent
technology)

Developed according to the principles of Chinese
medicine, Energy Light facial Rejuvenation works in
harmony with the natural energy systems of the body.
Its exclusive combination of Microcurrent and Color
light re-educates facial muscles and addresses the
underlying causes of visible aging.

Energy Light facial Rejuvenation is the total solution to
achieving optimum beauty. More than a cosmetic
procedure, It is a revitalization process for the entire
body designed to make you look and feel renewed.
Lose that under-eye "baggage"! Turn jowls into a jaw-
line! Look rested, radiant and revitalized! And discover
the vibrant feeling of inner balance.

- Non-Invasive
- No Side Effects
- No Pain
- No Downtime for Healing
- Holistic
- No eye-mask required, since it will not
damage the eyes like laser treatment
- No danger of burning the skin like other
thermal or laser treatment

Inner Balance, Outer Beauty

Healthy skin tone is the direct reflection of inner
balance. The facial treatment combines acu-point
microcurrent electrical stimulation, color light therapies
and specifically formulated skin renewal products to
provide a rejuvenating treatment that meets an
individual's definition of beauty. One that is as unique
as you are! It is safe, comfortable, and relaxing at the
same time. You'll feel and see the benefits after the
first treatment. Noticeable results occur after three
treatments. Dramatic results after 10. There are no
side effects to the facial treatment, only side benefits.

February SPECIAL OFFER - \$75

Complete Health Analysis (\$150 value):

- **Body Fat Analysis**
- **Nutrition Response Test**
- **Report of Findings with
Recommendations**

Happy Chinese New Year!!!

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Upcoming Workshops

Stress Management

Monday, February 5th 2007,
6:30-7:30 PM
Palo Alto Family YMCA
3412 Ross Road

5 Secrets to Permanent Weight Loss

Wednesday, February 14th 2007,
6:30-7:30 PM
Whole Foods Market • Redwood City
1250 Jefferson Avenue

Natural Solutions to Digestive Problems

Wednesday, February 21st 2007,
6:30-7:30 PM
Whole Foods Market • Redwood City
1250 Jefferson Avenue

After 12 months of intense training, Dr. Lee has completed her Master's Certification in Nutrition Response Testing SM! She is now one of 38 doctors in the United States who has attained the Master status in the field of Nutrition Response Testing.

Over the past year, Dr. Lee has used Nutrition Response Testing to successfully diagnose her patients to overcome fatigue, weight problems, irritable bowels, acid reflux, high cholesterol and blood pressure, PMS, menopause symptoms and many more. She is able to effectively "crack" even the most difficult cases such as chronic allergies, inability to lose weight, reoccurring aches and pains.

Please bring a copy of this newsletter with you upon receiving care.

We can help you find out what is stressing your body: food allergy, immune challenges (bacterial, virus, parasite or Yeast), heavy metals or chemical allergy.

It is based on the theory that if the Qi or energy is blocked, not enough energy and blood can go to nourish the local tissue cells, then local muscle response will also be weak.

The reflex areas to check include Brain(Frontal, CSF, Crown, Cerebellum, Pituitary, Pineal, Hypothalamus, Eyes, SINuses, Teeth, Glands, Thyroid, Para-thyroid, Lungs, Thymus, Heart, breast, Liver, gallbladder, Stomach, Pancreas, Spleen, Small Intestine, Colon, Ovaries, Testicles, Uterus, Prostate, Kidney, Bladder, Adrenals, etc..

MODERN SCIENCE FINDS ACUPUNCTURE MERIDIANS

Even though Acupuncture has been around for well over 5,000 years, the concept is still very new and strange to many Americans. Almost everyone is familiar with the function of organs, blood vessels, muscles and nerves, but a discussion of such things as "energy flows" soon puts most into unfamiliar territory. The main thing to know about Acupuncture is that it has everything to do with maintaining balance in the body. A body operating in perfect equilibrium will have a much greater ability to maintain good health than one that is not. A growing number of people have now heard about "meridians" in the body. Meridians are lines, or pathways, along which the body's energy is believed to flow. Points used in Acupuncture are located along these pathways having evolved through thousands of years of practice in number of different counties.

The knowledge of energy flows and pathways is becoming increasingly recognized and utilized in Western medicine. Even though this energy can't be detected by sight, it is very much present and can be tapped in both treatment and diagnosis in Western

How to Balance Hormones Naturally

Wednesday, February 28th 2007,
6:30-7:30 PM
Whole Foods Market • Redwood City
1250 Jefferson Avenue

Call (650) 380-1999 or
Email info@healinglab.com for reservations.

Seats are limited to the first 20 sign-ups.

\$10 per person.

MEDITERRANEAN DIET HEALTHIEST FOR YOUR BRAIN

Hold the presses! Amazing news! Can it be true?! I heard on the news today that yet another study, published in a neurological journal in October, 2006, shows that the *Mediterranean diet* (MD) is the healthiest diet. And that the Mediterranean Diet is particularly healthy for your brain.

Ho-hum. We've been saying this for close to 20 years. By the way, MD is not only the healthiest for you brain, but for you heart too. This 20-year-old information regarding MD as the healthiest for heart patients was released by medical scientists last

medicine. Today we have such tools as electrical muscle exams (EMGs), magnetic resonance imaging (MRI) and a variety of other similar tests. Science and the medical profession have accepted the existence of the meridian system as an integral part of human functioning. It controls and coordinates an electromagnetic system within the body and this may actually control all the other systems of the body. It could be most simple to consider meridians as being similar to radio waves. The human eye can see neither of these; but both are present and operate at their best when they are totally tuned in. A radio station broadcasting at 94.5 would provide static if it was tuned to 94.6. Similarly, a meridian operating out of balance would not produce optimum health. With this knowledge in hand, an increasing number of chiropractors are working in conjunction with and making recommendations to patients to seek Acupuncture treatment. It's another drug-free type of practice that's growing in acceptance in America — and many are experiencing excellent results.

SOURCE: <http://www.chiroweb.com/archives/24/22/02.html>

year as a “startling breakthrough.”

Yet will doctors start prescribing this type of diet for heart patients and for people with early dementia and Alzheimer's? Absolutely not! They are still deeply entrenched in the discredited, never proven, always-a-loser (and not in your weight), low fat diet.

If you are still stuck here thanks to your doctor, do yourself (and your family) a favor and get a copy of the book, Low-Fat Lies.

ION-CLEANSE CLEANSING/DETOXIFICATION PROGRAM:

It literally drains toxins from your lymph nodes out of your feet in twenty to thirty minutes. It is especially effective if done right after acupuncture treatment, since the channels are all open and ready to let the toxins out.

Material or Area of the Body	Color/Particle
Detoxifying from the kidney, bladder, urinary tract, female/prostate area	Yellow-Green
Detoxifying from joints	Orange
Detoxifying from liver, tobacco, cellular debris	Brown
Detoxifying from liver	Black
Detoxifying from gallbladder	Dark Green
Lymphatic system	White Foam
Most likely yeast	White cheese-like particles
Heavy metals	Black flecks
Blood clot material	Red flecks

*The color of water will change depends on kinds of toxins that you have. \$75 per session.

The Healing Lab

www.HealingLab.com

Jenny C. Lee, L. Ac.

*Master Acupuncturist,
Certified Nutrition Response Clinician,
Herbalist*

MAIN OFFICE

**PALO ALTO (650) 380-1999
460 California Avenue Ste 102**

APPOINTMENTS ONLY

Fremont (510) 792-2179

SUCCESS STORY:

Fatigue, Constipation, Throat Blockage and Shoulder Tension

When I first came to see Dr. Jenny Lee, I have fatigue, constipation, throat blockage and shoulder tension and I have seen many Medical doctors only to be given more and more synthetic medicine, unfortunately the medication had to be adjusted monthly and my fatigue never stopped. This was deeply depressing for me.

I saw Dr. Jenny Lee's website and I wanted to try everything that she offered. She did a nutritional testing and found food allergies. I had several ionic cleanse and acupuncture treatments and feel lighter; my fatigue is gone; throat blockage and constipation are relieved. I sleep better and feel generally healthier. My cravings are also gone and my symptoms decreased in a very short period of time. I've cut those foods out and feel so much better. I would never suspect that certain foods were making me feel bad.

I am feeling wonderful and am loving life again!!

Thank You Dr. Jenny Lee.

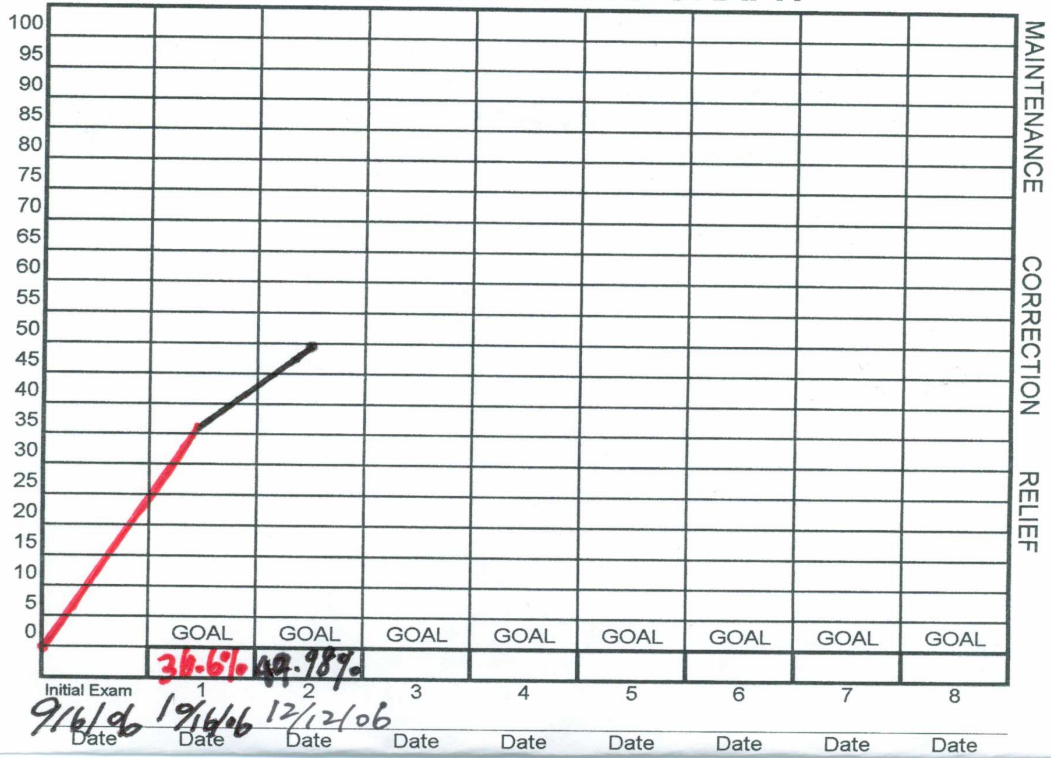
Candice McCartney

(Please refer to her progress chart below)

Patient's Name:

Candice McCarthey

PATIENT PROGRESS GRAPH



If you wish to be removed from our mailing list, please reply with REMOVE in subject heading.