



**\$60 ION-CLEANSE (\$75 VALUE)**

**EXP DECEMBER/31/09**

**CLEANSING/DETOXIFICATION PROGRAM:**

It literally drains toxins from your lymph nodes out of your feet in twenty to thirty minutes. It is especially effective if done right after acupuncture treatment, since the channels are all open and ready to let the toxins out.

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Stubborn Bad Back Pain**

**December SPECIAL OFFER - \$98**

**Complete Health Analysis (\$150 value):**

- **Body Fat Analysis**
- **Energetic Nutritional Test**
- **Report of Findings with Recommendations**

Energetic Nutritional Testing is a unique testing method which incorporates various muscle testing techniques, Acupoints Testing, and Emotional Release Therapy. This unique muscle testing technique can zero in on the causes of disease and the right nutritional program to correct them.

Dr. Lee has used Energetic Nutritional Testing to successfully diagnose her patients to overcome fatigue, weight problems, irritable bowels, acid reflux, high cholesterol and blood pressure, PMS, menopause symptoms and many more. She is able to effectively "crack" even the most difficult cases such as chronic allergies, inability to lose weight, reoccurring aches and pains.

**Please bring a copy of this newsletter with you upon receiving care.**

We can help you find out what is stressing your body: food allergy, immune challenges (bacterial, virus, parasite or Yeast), heavy metals or chemical allergy.

It is based on the theory that if the Qi or energy is blocked, not enough energy and blood can go to nourish the local tissue cells, then local muscle response will also be weak.

The reflex areas to check include Brain( Frontal, CSF, Crown, Cerebellum, Pituitary, Pineal, Hypothalamus, Eyes, Sinuses, Teeth, Glands, Thyroid, Para-thyroid, Lungs, Thymus, Heart, breast, Liver, gallbladder, Stomach,

Material or Area of the Body	Color/Particle
Detoxifying from the kidney, bladder, urinary tract, female/prostate area	Yellow-Green
Detoxifying from joints	Orange
Detoxifying from liver, tobacco, cellular debris	Brown
Detoxifying from liver	Black
Detoxifying from gallbladder	Dark Green
Lymphatic system	White Foam
Most likely yeast	White cheese-like particles
Heavy metals	Black flecks
Blood clot material	Red flecks

\*The color of water will change depends on kinds of toxins that you have. \$75 per session.

***How does it work?***

A water molecule is composed of two hydrogen atoms and one oxygen atom. When the molecule loses a hydrogen atom, the remaining OH molecule takes on a negative charge. As you walk along the beach, your body absorbs millions of these negatively charged ions, which alkalize the blood and tissue. Because of poor diet and high stress, we tend to accumulate and store excessive quantities of waste products such as diacetic, lactic, pyruvic, uric, carbonic, acetic, butyric and heptic acids. According to Dr. Theodore Baroody, author of Alkalize Or Die, acid wastes attack joints, tissues, muscles, organs and glands causing minor to major dysfunction. He asserts that avoiding disease and maintaining vitality as we age requires the maintenance of an alkaline environment throughout the body. This is virtually impossible to accomplish in our high-

tech, high-stress, toxic society unless we can walk on the beach everyday.

The Ion-Cleanse creates precisely the same environment as a walk along the beach, only more powerfully because your feet are in direct contact with the ions being manufactured in the water. Place your feet in the water, turn on the unit and within seconds, millions of ions enter your body and begin to neutralize these tissue acid wastes. Fat and mucous residues found in the water after bathing reflect the wastes that have left the body during the 20 to 30 minute session. Healthy individuals can expect to feel lighter and experience a greater sense of well being from each Ion-Cleanse session. Many people with pain, edema, gout and swollen or deteriorating joints report considerable symptomatic relief from Ion-Cleanse sessions.

## **The Healing Lab**

[www.HealingLab.com](http://www.HealingLab.com)

**Jenny C. Lee, L. Ac.**

*Master Acupuncturist,  
Certified Nutrition Response Clinician,  
Herbalist*

**MAIN OFFICE**

**PALO ALTO (650) 380-1999  
460 California Avenue Ste 102**

**APPOINTMENTS ONLY  
Fremont (510) 792-2179**

Pancreas, Spleen, Small Intestine, Colon, Ovaries, Testicles, Uterus, Prostate, Kidney, Bladder, Adrenals, etc..

## **Nutritional Dietary Counseling**

Depending on your individual situation, we might also require that a patient make some specific changes in their diet and eating habits, and in their routines, in order to bring about the best possible results. Many people we see in our practice have eaten themselves into their current state of ill-health, to one degree or another. The deficiencies or imbalances lead to a breakdown in resistance or immunity and a loss of the ability to cope with environmental stresses (chemical, bacterial, or otherwise).

The good news is that it is possible to reverse the process. And my patients are very appreciative of the fact that we have a very effective system of monitoring their progress at each visit. By contrast, in medicine, the medical doctor makes a diagnosis and then uses drugs or surgery to attack or suppress the symptom or to surgically remove the “offending” organ or part. Through our analysis we determine the exact nutrients needed to supplement the patient’s diet in order to bring about improved health.

## **God's Amazing Pharmacy**

It's been said that God first separated the salt water from the fresh, made dry land, planted a garden, and made animals and fish, long before making man.

To ensure healthful living, God left us some clues as to which foods we should eat to keep specific parts of our body healthy!

We call this God's Amazing Pharmacy..



A sliced carrot looks like the human eye. The pupil, iris and radiating lines look just like the human eye. And yes, science now confirms that carrots greatly enhance blood flow to our eyes.



The tomato has four chambers and is red. The heart has four chambers and is red. Research shows that tomatoes are loaded with lycopine, a wonderful heart and blood food.



Grapes hang in a cluster resembling the shape of the heart. An individual grape looks like a blood cell and research today shows that grapes are a wonderful heart and blood vitalizing food.



**A walnut looks like a little brain, with left and right hemispheres, upper cerebrums and lower cerebellums. Even the wrinkles or folds on a walnut are like the neo-cortex. We now know that walnuts help develop more than three (3) dozen neuron-transmitters for brain function.**



Kidney beans help heal and maintain kidney function and, yes, they look exactly like the human kidneys.



**Celery, bok choy, and rhubarb look like bones. These foods target bone strength. Bones are 23% sodium and these foods are 23% sodium. If you don't have enough sodium in your diet, the body pulls it from the bones, making them weak. These foods replenish the skeletal needs of the body.**



Avocados, eggplant and pears target the health and function of the womb and cervix of the female, and they look just like these organs. Research today shows that when a woman eats one avocado a week, it balances her hormones, helps shed unwanted birth weight, and helps prevent cervical cancers. How profound is this? It takes nine (9) months to grow an avocado from blossom to ripened fruit.. There are over 14,000 photolytic chemical constituents of nutrition in each one of these foods (modern science has only studied and named about 141 of them).



Figs are full of seeds and hang in twos when they grow. Figs increase the mobility of male sperm and increase the numbers of Sperm as well to overcome male sterility.



Sweet potatoes look like the pancreas and actually balance the glycemic index of diabetics.



Olives assist the health and function of the ovaries



Oranges, grapefruits, and other citrus fruits look like the mammary glands of the female and actually assist the health of the breasts and the movement of lymph in and out of the breasts.



Onions look like the body's cells. Today's research shows onions help clear waste materials from all of the body cells. They even produce tears which wash the epithelial layers of the eyes. A working companion, garlic, also helps eliminate waste materials and dangerous free radicals from the body.

#### **SUCCESS STORY:**

## *Acupuncture Miracles*

### *Stubborn Bad back pain*

My bad back pain started when I was in my teen by flipping a mattress on my own, plus lifting and moving things over the years

made it worse. I have had the back pain for all my adult life of 40 years.

My PCP had me going to physical therapy. When that did not help, I asked to go to a chiropractor, then an acupuncturist.

Physical therapy was three months. I was seeing the chiropractor for over a year. And I had four visits with the acupuncturist. My back did not get any better, nor did I get any relief from any above treatments.

I attended the Diabetes Forum and Jenny help relief my back right then and there. With Jenny's style of acupuncture, I have already had great results just after two treatment sessions. My back does not hurt even half as bad as it did and my taking of muscle relaxants and pain medicine has gotten much much less.

Carol Piexoto Nov. 17<sup>th</sup>, 2009

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