



**\$60 ION-CLEANSE (\$75 VALUE) EXP 06/30/08
CLEANSING/DETOXIFICATION PROGRAM:**

It literally drains toxins from your lymph nodes out of your feet in twenty to thirty minutes. It is especially effective if done right after acupuncture treatment, since the channels are all open and ready to let the toxins out.

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UPCOMING WORKSHOPS

Natural Solutions to Digestive Problems
Free nutritional organ scan included.
July 16th at Hoover Pavilion, Stanford

BALANCING HORMONES NATURALLY:
A Holistic Approach to Hormone-Related Health Concerns,
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August 8th at EastWest Bookstore, Mt.View

**Preventive and Curative Effects of
Acupuncture on the Common Cold**

Declining folate levels linked with dementia

**Introducing New Services: RECONNECTIVE
HEALING & THE RECONNECTION**

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Low Back pain**

Material or Area of the Body	Color/Particle
Detoxifying from the kidney, bladder, urinary tract, female/prostate area	Yellow-Green
Detoxifying from joints	Orange
Detoxifying from liver, tobacco, cellular debris	Brown
Detoxifying from liver	Black
Detoxifying from gallbladder	Dark Green
Lymphatic system	White Foam
Most likely yeast	White cheese-like particles
Heavy metals	Black flecks
Blood clot material	Red flecks

*The color of water will change depends on kinds of toxins that you have. \$75 per session.

How does it work?

A water molecule is composed of two hydrogen atoms and one oxygen atom. When the molecule loses a hydrogen atom, the remaining OH molecule takes on a negative charge. As you walk along the beach, your body absorbs millions of these negatively charged ions, which alkalize the blood and tissue. Because of poor diet and high stress, we tend to accumulate and store excessive quantities of waste products such as diacetic, lactic, pyruvic, uric, carbonic, acetic, butyric and hepatic acids. According to Dr. Theodore Baroody, author of Alkalize Or Die, acid wastes attack joints, tissues, muscles, organs and glands causing minor to major dysfunction. He asserts that avoiding disease and maintaining vitality as we age requires the maintenance of an alkaline environment throughout the body. This is virtually impossible to accomplish in our high-tech, high-stress, toxic society unless we can walk

Upcoming Workshop

Natural Solutions to Digestive Problems

July 16th, 2008, Wednesday at 5 PM
Location: Hoover Pavilion, #400
Stanford , CA

Acid reflux, hiatal hernias, ulcers, irritable bowel syndrome, colitis, and Crohn's disease are just a few of the digestive disorders that affect over 61 million Americans each year. In the year 2000, pharmaceutical companies sold more than 96 billion dollars in drugs to treat digestive-related conditions.

Dr. Lee will explain how the digestive system works, and how stress affects digestion. She will describe some common digestive problems, natural approaches to those problems, and preventative measures. She will also teach tongue analysis to diagnose your own health, and do a free nutritional organ scan on each participant to detect any weak organs. Please call (650) 380-1999 to reserve your seat.

on the beach everyday.

The Ion-Cleanse creates precisely the same environment as a walk along the beach, only more powerfully because your feet are in direct contact with the ions being manufactured in the water. Place your feet in the water, turn on the unit and within seconds, millions of ions enter your body and begin to neutralize these tissue acid wastes. Fat and mucous residues found in the water after bathing reflect the wastes that have left the body during the 20 to 30 minute session. Healthy individuals can expect to feel lighter and experience a greater sense of well being from each Ion-Cleanse session. Many people with pain, edema, gout and swollen or deteriorating joints report considerable symptomatic relief from Ion-Cleanse sessions.

RECONNECTIVE HEALING

Reconnective Healing is a form of healing that is here on the planet for the very first time. It reconnects us to the fullness of the universe as it reconnects us to the fullness of our beings and of who we are. It is considered to be able to reconnect us to the universe and to our very essence not just through a new set of healing frequencies, but through possibly an entirely new bandwidth. The reality of its existence has demonstrated itself clearly in practice as well as in science laboratories.

There is something that we're experiencing of which most of you are at least somewhat aware. It's that time seems to be moving faster as well as expanding. This transition is referred to by many names. "The Shift" and "Shift of the Ages" are two terms used by Gregg Braden. The transition was predicted by the Mayans, the Incas, the Hopi, Nostradamus, Edgar Cayce, and the Kabbalah (both Jewish and Christian). In *Walking Between the Worlds*, Braden defines this shift as *"both a time in Earth history as well as an experience of human consciousness. Defined by the convergence of decreasing planetary magnetics and increasing planetary frequency upon a point in time, the Shift of the Ages, or simply, The Shift, represents a rare opportunity of collectively repatterning the expression of human consciousness. The Shift is the term applied to the process of Earth accelerating through a course of evolutionary change, with the human species linked, by choice, to the electromagnetic fields of Earth, following suit through a process of cellular change."*

Healing is a return to balance. Every health

*a free nutritional organ scan on each participant at the end of workshops

Please call (650) 380-1999 to reserve your seat.

BALANCING HORMONES NATURALLY: A Holistic Approach to Hormone-Related Health Concerns, Infertility and Impotence

**August 17th, 2008, Sunday 2pm - 4pm
Location: East West Bookstore
324 Castro Street, Mt. View, CA**

Over 80 million women in the United States currently suffer with PMS and menopause symptoms. More than 30 million men in USA suffer with impotence. An estimated 2.1 million women are infertile. A very large percentage are confused as to what solution is right for them. Local herbalist, Certified Nutrition Response Clinician and Board-certified acupuncturist Jenny C. Lee, L.Ac, will explain preventive measures and natural approaches to improve the health of your endocrine system. You will learn how to assess your own hormone conditions, and you will receive a Free Energetic Nutritional Organ Scan.

Many women are not being served properly by the treatments their MDs give them. Now, more and more middle-aged women and men are looking towards alternative health care as a solution. Balancing Hormones Naturally workshop dispels some of the mysteries surrounding the symptoms people experience with PMS, menopause, infertility and impotence. The presentation educates the audience about alternative methods for addressing these symptoms.

Please call (650) 380-1999 to reserve your seat.

JUNE SPECIAL OFFER - \$75

Complete Health Analysis (\$150 value):

- **Body Fat Analysis**
- **Energetic Nutritional Test**
- **Report of Findings with Recommendations**

Energetic Nutritional Testing is a unique testing method which incorporates various muscle testing techniques, Acupoints Testing, and Emotional Release Therapy. This unique muscle testing technique can zero in on the causes of disease and the right nutritional program to correct them.

Dr. Lee has used Energetic Nutritional Testing to

challenge is a combination of the physical, mental, spiritual, emotional (and probably a few other classifications we don't have words for). We simply classify it according to its predominate characteristic. Reconnective Healing doesn't specifically "treat" anything. If in its presence you allow yourself to come back into balance, as many people do, then you do. You just do.

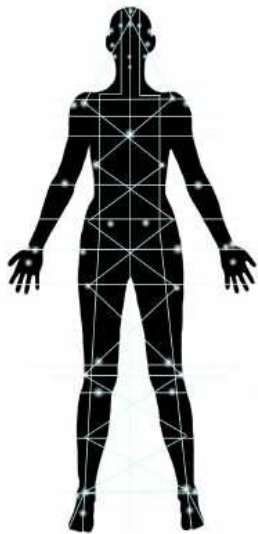
Everyone's experience with Reconnective Healing is unique. Often healings are reported in an instant in just one session, and sometimes it takes a bit longer for a healing to unfold. If you're lucky, your healing will come in the form you anticipated; if you're really lucky, your healing will come in a form you haven't even thought of, one that the universe has in mind specifically for you.

Healings can come in all forms. The best way to allow for a healing is to proceed in a state of expectancy, without expectation or attachment. Place yourself on the table, relax, close your eyes and simply notice. Observe. Become both the observer and the observed.

Be in a relaxed atmosphere, lie down on your back on a massage table, close your eyes and notice. Just notice. Withdraw your participatory thought process and simply observe when there's something to notice, as well as when there's nothing to notice; lie there and let go, as if you simply had a little unexpected rest time.

Reconnective Healing® : \$120 / session

THE RECONNECTION



The Reconnection™ is the umbrella process of reconnecting to the universe that allows for Reconnective Healing™ to take place. These healings and evolutionary frequencies are of a new bandwidth and are brought in via a spectrum of *light and information* that has never before been present on Earth. It is through The Reconnection™ that we are able to interact with these new levels of light and information, and it is through these new levels of light and information that

we are able to reconnect.

successfully diagnose her patients to overcome fatigue, weight problems, irritable bowels, acid reflux, high cholesterol and blood pressure, PMS, menopause symptoms and many more. She is able to effectively "crack" even the most difficult cases such as chronic allergies, inability to lose weight, reoccurring aches and pains.

Please bring a copy of this newsletter with you upon receiving care.

We can help you find out what is stressing your body: food allergy, immune challenges (bacterial, virus, parasite or Yeast), heavy metals or chemical allergy.

It is based on the theory that if the Qi or energy is blocked, not enough energy and blood can go to nourish the local tissue cells, then local muscle response will also be weak.

The reflex areas to check include Brain(Frontal, CSF, Crown, Cerebellum, Pituitary, Pineal, Hypothalamus, Eyes, Sinuses, Teeth, Glands, Thyroid, Para-thyroid, Lungs, Thymus, Heart, breast, Liver, gallbladder, Stomach, Pancreas, Spleen, Small Intestine, Colon, Ovaries, Testicles, Uterus, Prostate, Kidney, Bladder, Adrenals, etc..

Nutritional Dietary Counseling

Depending on your individual situation, we might also require that a patient make some specific changes in their diet and eating habits, and in their routines, in order to bring about the best possible results. Many people we see in our practice have eaten themselves into their current state of ill-health, to one degree or another. The deficiencies or imbalances lead to a breakdown in resistance or immunity and a loss of the ability to cope with environmental stresses (chemical, bacterial, or otherwise).

The good news is that it is possible to reverse the process. And my patients are very appreciative of the fact that we have a very effective system of monitoring their progress at each visit. By contrast, in medicine, the medical doctor makes a diagnosis and then uses drugs or surgery to attack or suppress the symptom or to surgically remove the "offending" organ or part. Through our analysis we determine the exact nutrients needed to supplement the patient's diet in order to bring about improved health.

The intent of The Reconnection is to bring us into the fullness of our inherent connection with the universe. This is done via a two-session experience, commonly referred to as receiving your Personal Reconnection. And, of course, to achieve the degree of reconnection brought fourth via The Reconnection, you will, to some extent, experience healing as part of the process.

Our galactic body of creation controls its renewing functions through meridian axiatonal lines which are the equivalent of acupuncture lines that can connect with resonating star systems.

The axial lines are part of a fifth-dimensional circulatory system combining color and sound, which are used to draw from the overself body the basic energy used for the renewing functions of the human evolutionary body. Hence, the axiatonal lines can be used for the complete regeneration of an organ and even to resurrect the dead, when activated by the proper energies.

These grids are organized to exchange genetic information throughout the body through a network of messenger cells which are passed on to any part of the body. In other words, through axiatonal grids there is provided the key framework that is necessary for the proper formation of a new limb, organ, etc. This grid network within the body is connected with the spinal column which is the major antenna for the grounding of Light signals.

Just as the cell can be split, the whole spinal column network can be split by axiatonal lines into any number of parallel body networks because the spinal column couples all of the seven major fields of the body (the chakras) in relation to the primitive brain stem and the cerebral cortex.

Axiatonal Lines are vibratory lines which connect levels of human electrochemical activity with astrobiological circuits that span the solar system and are connected with resonating star systems. The axiatonal lines connect the acupuncture mapping of the human biological system with superior astrological analogs.

– Excerpts taken from The Book of Knowledge: The Keys of Enoch by J.J. Hurtak

The Reconnection™ : \$333 will get you reconnected in two sessions

The Healing Lab

www.HealingLab.com

Jenny C. Lee, L. Ac.

*Master Acupuncturist,
Certified Nutrition Response Clinician,
Herbalist*

MAIN OFFICE

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APPOINTMENTS ONLY

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Preventive and Curative Effects of

Declining folate levels linked with dementia

Acupuncture on the Common Cold

Kawakita K, et al Japan Acupuncture and Moxibustion Center, 3-44-14 Minami otsuka, Toshima-ku, Tokyo 170-0005, Japan.

The purpose of this study was to determine the preventive and curative effects of acupuncture on the symptoms of the common cold. Staff and students of five Japanese acupuncture schools (326 people), were randomly placed in two groups: an acupuncture group and a no-treatment control group. A certain point on the neck was needled bilaterally, gently for 15 seconds until the de qi sensation was obtained. Treatments were performed four times during the 2-week experimental period with a 2-week follow-up period. A common cold diary was scored daily for 4 weeks, and a common cold questionnaire was scored before each acupuncture treatment and twice at weekly intervals. A reliability test for the questionnaire was performed on the last day of recording.

The diary score in the acupuncture group tended to decrease after treatment, but the difference between groups was not significant. Statistically significantly fewer symptoms were reported in the questionnaire by the acupuncture group than control group. No severe adverse event was reported. A significantly positive effect of acupuncture was demonstrated in the summed questionnaire data, although a highly significant inter-centre difference was observed. Needling on the neck using the Japanese fine needle manipulating technique was shown to be effective and safe. It was concluded that using acupuncture for symptoms of the common cold symptoms should be considered, although further evidence from placebo controlled RCTs is required.



In an article published online ahead of print in the [Journal of Neurology, Neurosurgery and Psychiatry](#), researchers from

Chonnam National University Medical School in Kwanju, Korea report that older individuals who were deficient in folate had triple the risk of developing dementia compared to those with higher levels of the vitamin.

The study included 625 men and women aged 65 and older who were free of dementia in 2001. Upon enrollment, blood samples were collected and analyzed for serum folate and vitamin B12, as well as plasma homocysteine, and assessments for dementia were conducted. These tests were repeated at follow-up examinations which took place an average of 2.4 years later.

Folate deficiency was present in 3.5 of the participants at the beginning of the study, and B12 deficiency in 17.4 percent. Twenty percent had elevated homocysteine levels, which were associated with having lower folate and B12. Five hundred eighteen participants completed the study, of which 34 went on to develop Alzheimer's disease, seven acquired vascular dementia, and four developed dementia of other origin.

Over the course of the study, folate levels decreased and vitamin B12 levels rose. Dementia was significantly associated with having lower folate levels upon enrollment as well as with showing a decline in the vitamin at follow-up. Those whose folate levels were deficient at the beginning of the study experienced 3.43 times the risk of dementia than those whose folate levels were considered adequate. Having comparatively lower levels of B12 and increased homocysteine concentrations were also associated with dementia.

The drop in folate, but not B12 levels may reflect vitamin supplementation, since most Korean supplements provide B12 but not folic acid. The authors note the possibility that the differences associated with dementia in this study may reflect supplement use; however they do not believe that this is the only explanation for the finding.

The researchers suggest that alterations in nutrient levels may be associated with other indicators of impending dementia, including weight loss, which can indicate changes in dietary quality. "Attention needs to be paid to the nutritional status of people with dementia from the time of diagnosis onwards, regardless of whether this is a cause or effect of their condition," the authors observe. "In addition, there may be good arguments for focusing interventions for the prevention of dementia on nutritionally deficient frail populations," they conclude.

SUCCESS STORY:

Low Back Pain

I first came to the Healing Lab in the middle of May 2008.

I have had low back pain (level 8 out of 10 being most severe) for more than 10 years because of slipped disk and constant stress at work. My whole butt and thighs are so painful that I walked like an old woman and was unable to bend down easily. It has also affected my daily activities. I also have infertility issue and have been trying to get pregnant for three years now.

I have been treated by an orthopedic doctor in India and have had four months of bed rest for the back pain. The result was good, but I was not able to work for more than one hour.

However, after just the first session of acupuncture in the Healing Lab without even touching my lower back, my pain was gone completely from my back, buttocks and thighs. I am feeling very relaxed and my anxiety is gone as well. I felt immediate blood flow in my body. My muscles are relaxed. There is no pain at all. Now I can do activities all day long and it would not bother me anymore. This is like miracle to me.

I am excited about more healing results in the upcoming treatments I am going to receive from the Healing Lab.

Rehana M

If you wish to be removed from our mailing list, please reply with REMOVE in subject heading.